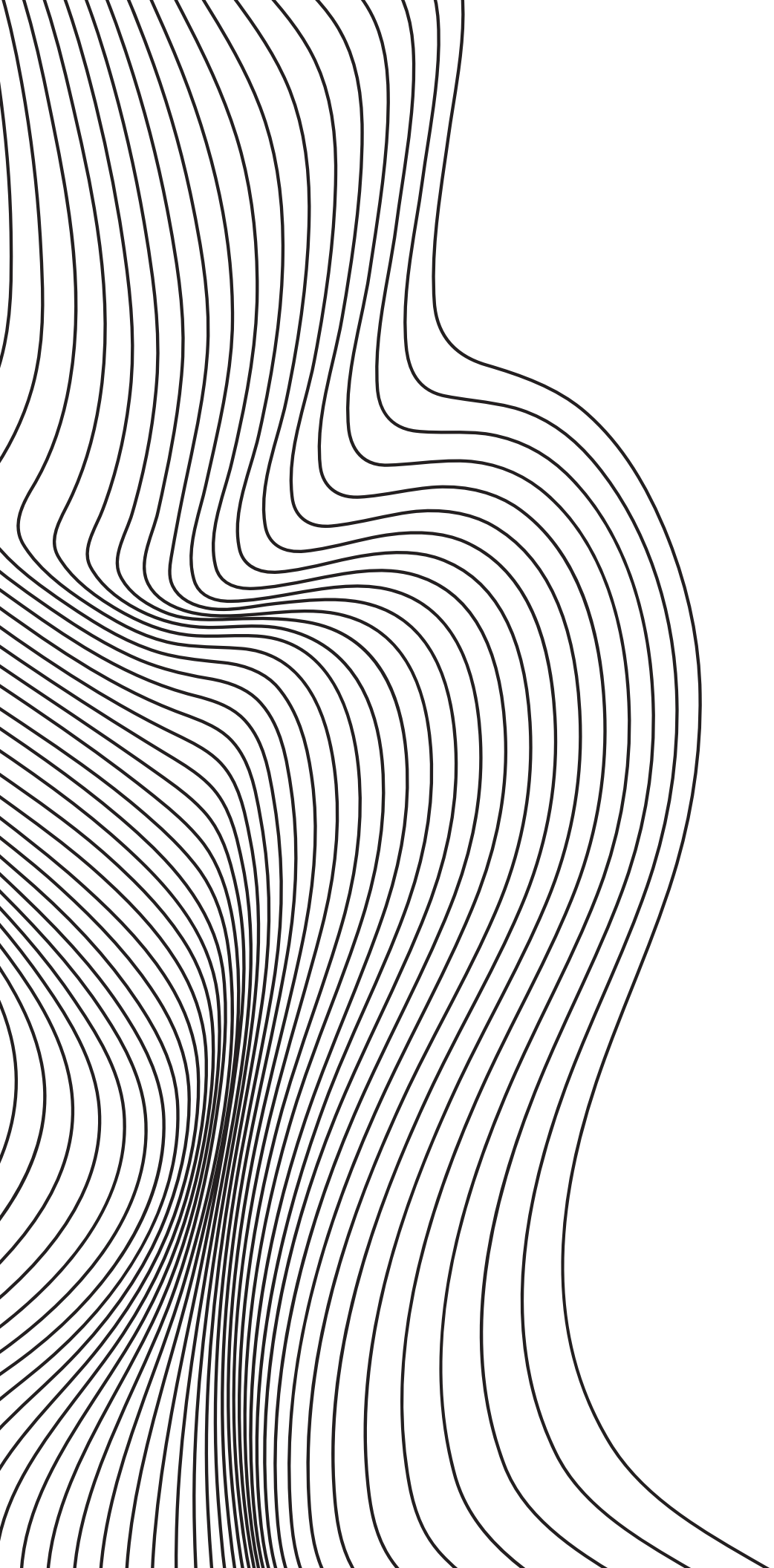


DISCIPLINESHIP GUIDE

SPRING 2024



**“The Christian life is
the disciplined life and
the discipling life.”**

Mark Dever

OUR GOAL FOR DISCIPLESHIP

The BCM wants to help as many students as possible learn what God has said and live out what God has commanded.

We believe this happens best in same-gender groups of 2-4 or one-on-one relationships that meet weekly to discuss what God is teaching them as they read scripture, keep each other accountable, memorize scripture, and pray for each other!

Our hope is that these groups will be a place where everyone can be truly vulnerable and transparent with each other so that each member can work toward real heart change and obedience to Jesus in every area of their life!

WEEKLY MEETING SCHEDULE

- **5 minutes: Catch-Up Time**
 - Spend a few minutes just hanging out and talking about life.
- **15-20 minutes: Accountability**
 - Ask each other the hard questions and keep other accountable to fighting sin in your lives.
- **15-20 minutes: Bible Reading Recap**
 - Talk through your H.E.A.R. journals and talk through what God has been showing you in your Bible reading.
- **5-10 minutes: Scripture Memory**
 - Share what you have memorized that week.
- **10 minutes: Prayer**
 - End your meeting by looking at the week ahead and praying for each other.

ACCOUNTABILITY QUESTIONS

Here are some questions you can ask as you work to keep each other accountable:

- Have you spent intentional time in the Word and in prayer this week?
- Have you honored God with your thoughts, words, and actions this week?
- How have you been fighting sin this week?
- Have you spent quality time with Christian community this week?
- Have you made an effort to intentionally connect with someone this week?
- Who did you share the gospel with this week or who are you praying to be able to share with?

H.E.A.R. JOURNALING GUIDE

- H: Highlight
 - What is a verse or two you'd highlight from today's Bible reading?
- E: Explanation
 - How would you explain the Bible reading for today in your own words?
- A: Application
 - What are some things from today's Bible reading you can/should apply to your life?
- R: Response
 - How has this Bible reading prompted you to respond?

Journal through these each day and then bring your journal to your discipleship group to talk through what God has been showing you in your Bible reading!

SCRIPTURE MEMORY VERSES

Work to memorize the following verses throughout the semester:

- 1 Timothy 2:4-5
- 1 Timothy 4:12
- 2 Timothy 1:7
- Esther 4:14
- Isaiah 41:10
- Matthew 5:17
- Matthew 6:24
- Matthew 11:28-29
- Matthew 22:37
- Matthew 28:19-20

BIBLE READING PLAN

WEEK 1

- 1 Timothy 1:1-11
- 1 Timothy 1:12-20
- 1 Timothy 2
- 1 Timothy 3:1-10
- 1 Timothy 3:11-16

Week 2

- 1 Timothy 4
- 1 Timothy 5:1-16
- 1 Timothy 5:17-25
- 1 Timothy 6:1-10
- 1 Timothy 6:11-21

Week 3

- 2 Timothy 1
- 2 Timothy 2:1-13
- 1 Timothy 2:14-26
- 1 Timothy 3
- 1 Timothy 4

WEEK 4 - SILENCE & SOLITUDE

- To Follow Jesus' Example
Matt. 4:1, Matt. 14:23, Mark 1:35, Luke 4:42
- To Hear The Voice Of God
1 Kings 19:11-13, Habakkuk 2:1, Gal. 1:17
- To Express Faith & Worship
Zeph. 1:7, Zech. 2:13, Ps. 62:1-2, Is. 30:15
- To Be Restored
Mark 6:31
- To Seek God's Will
Luke 6:12-13

Scan the QR codes for resources
on silence & solitude!

Week 5

- Esther 1
- Esther 2
- Esther 3
- Esther 4
- Esther 5



Podcast on Silence



Don Whitney's Chapter
on Silence & Solitude

Week 6

- Esther 6
- Esther 7
- Esther 8
- Esther 9
- Esther 10



John Piper Article on
Solitude

WEEK 7

- The 4 Spiritual Laws
- 3 Circles
- The Bridge
- Romans Road
- Life In 6 Words

Scan the QR codes for resources
on each evangelism method!



4 Spiritual
Laws



3 Circles



The Bridge



Romans
Road



Life in
6 Words

Week 8

- Matthew 1
- Matthew 2
- Matthew 3
- Matthew 4
- Matthew 5

Week 9

- Matthew 6
- Matthew 7
- Matthew 8
- Matthew 9
- Matthew 10

WEEK 10 - FASTING

- To Strengthen Prayer
Neh. 1:4, Ezra 8:21-23
- To Seek God's Guidance
Judges 20:26-27
- To Humble Yourself Before God
1 Kings 21:27-29
- To Overcome Temptation
Matthew 4:1-2
- To Express Love and Worship God
Luke 2:36-37

Scan the QR code for additional
resources on fasting!



Podcast on Fasting

Week 11

- Matthew 11
- Matthew 12
- Matthew 13
- Matthew 14
- Matthew 15-16

Week 12

- Matthew 17
- Matthew 18
- Matthew 19
- Matthew 20
- Matthew 21-22

Week 13

- Matthew 23
- Matthew 24
- Matthew 25
- Matthew 26
- Matthew 27-28

NOTES